



SCHOOL OF LIFE  
LIFE COACH & NLP ACADEMY

# SOL

## LIFE COACH & NLP ACADEMY

LIFE | LEADERSHIP | PERFORMANCE | PERSONAL DEVELOPMENT

SA'S FIRST CHOICE IN CREATING CHANGE

# ABOUT **SOL** LIFE COACH & NLP TRAINING **ACADEMY**



Welcome to School of Life.

School of Life is an internationally acclaimed and accredited Life Coach and NLP training academy. Our various courses range from short one-day courses, to part- and full-time Certificate & higher education NQF Coaching & Mentoring Certifications. Whether you want to get more focused or become a qualified Life Coach and NLP Practitioner, we can assist.

Our content includes only the most credible, tried and tested NLP and Coaching methodologies from across the globe. All courses are presented in a practical, fun and inspirational way. We only use master NLP Coaching Facilitators. This means that not only will you learn how to effectively apply coaching methodologies, but you will experience personal transformation at the hand of every coaching technique.

We are notorious for the world-class coaches we train, making School of Life accredited coaches the most sought after coaches in the world. It is a well-known fact that our standards are a cut above the rest. This implies that many smaller coaching schools has facilitators trained by us. We pride ourselves in delivering only the best.

**JOIN THE WORLD OF PROFESSIONAL COACHES**



# SOUTHERN AFRICA CAMPUSES



School of Life has shown tremendous growth and are excited to announce our national footprint now runs across the whole of Southern Africa. Our main campuses are situated in the following cities:

Centurion

JHB North

Cape Town

## OUR PARTNERS

School of Life is considered the topmost NLP, Coaching & leadership institution in South Africa and has been gaining remarkable territory on an international scale. A pillar to our great success to date is build on the foundation of our great partnerships & strategic alliances.



## SOL LOCAL ACCREDITATION'S & ASSOCIATIONS

Various School of Life short courses & coaching programs are recognised and certified by an accredited Further Education and Training College (TIT Tshwane Institute of Technology).

These short programs are recognised as part qualifications with a credit value against a Quality Council for Trade and Occupations (QCTO) qualification.



## SOL COURSES - INTERNATIONAL ACCREDITATION

All our in-house coaching certification courses are internationally accredited by ICR (International Coaches Register)



# SCHOOL OF LIFE PARTNERS



## ACCREDITED COURSES BY OUR PARTNERS



Thanks to our sound partnership with Bizz Skills we now offer 10 SACE points on our inhouse Educators as Coaches course.



**COACHING & MENTORING EXCELLENCE**  
**GLOBAL EXECUTIVE LEADERSHIP TRAINING INSTITUTE**



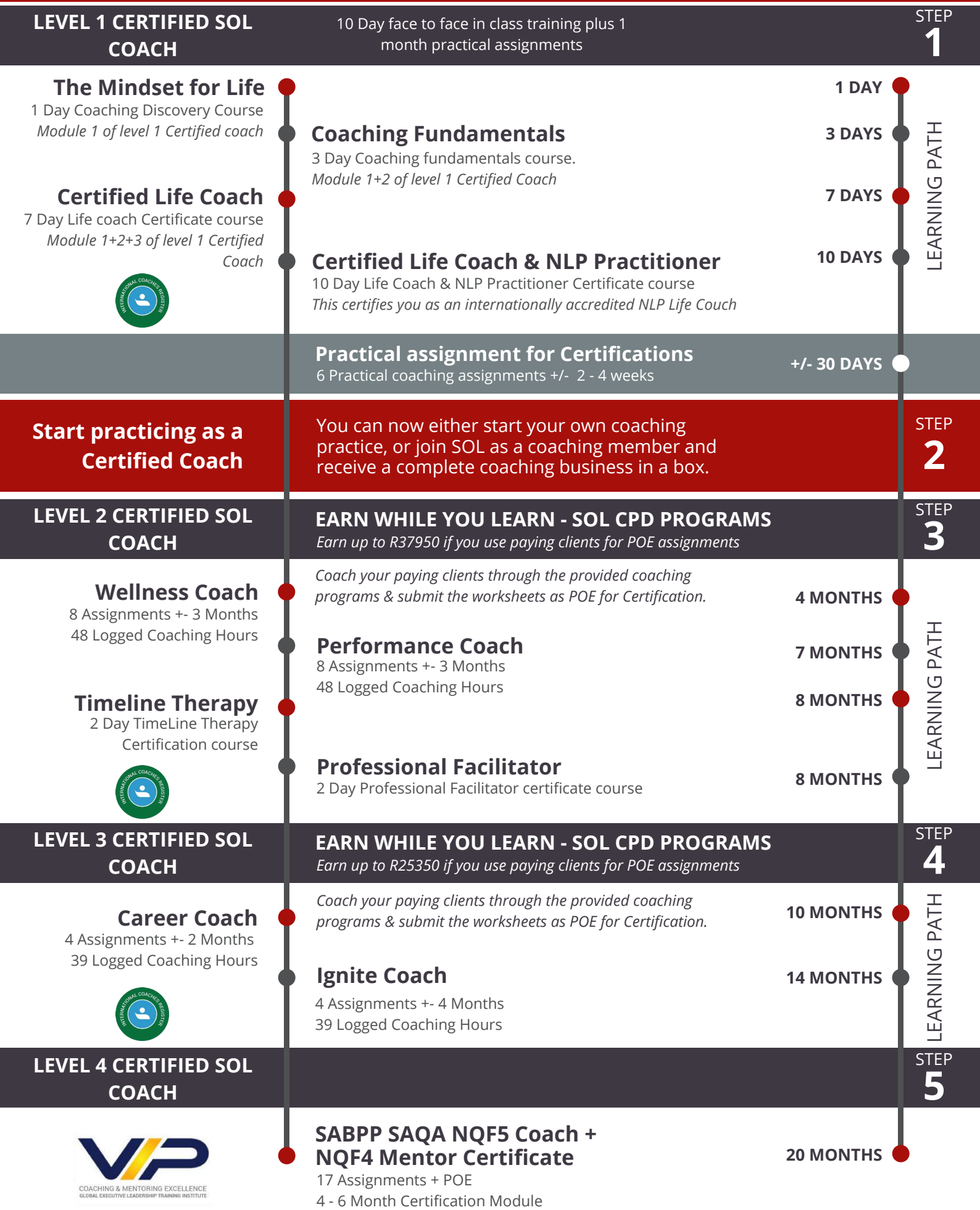
Thanks to our sound strategic Alliance with The VIP Global Executive Leadership Institute, via a legal (MOU) Memorandum of Understanding, Our students can now obtain a SAQA/SABPP recognised Certificate incorporating an NQF level 5 Coaching and NQF level 4 Mentoring. Please note that this programme is not a SOL Programme but a separate VIP Strategic Leadership International Coaching and Mentoring Institute programme approved and registered with SABPP as their SETA.

VIP is registered with SAQA/SABPP and offers two courses to SOL Students & coaches.

## VIP COACHING & MENTORING COURSES ARE ACCREDITED BY:

- SAQA / SABPP (South African Business & People Practices)
- AIP - The Association for Integrative Psychology
- ICR - International Coaches Register
- ICC Council - International Certificate Council
- Comensa - Coaches & Mentors of South Africa (Gold Level training provider)





# OUR COURSES



## YOUR PATH TO BECOMING AN INTERNATIONALLY ACCREDITED **LEVEL 1 NLP LIFE COACH:**

*Complete your level 1 Coach Certificate full time, or part time in modules*

<b>COURSE</b>	<b>DURATION</b>	<b>COST</b>	<b>PAY MONTHLY</b>
The Mindset for Life	1 Day	R699	NA
Coaching Fundamentals	2 Days	R3499	R454 x 12 Months
Life Coach Certificate	7 Days	R10350	R1050 x 12 Months
Life Coach & NLP Certificate	10 Days	R16100	R1550 x 12 Months

## **CERTIFIED COACH** PROFESSIONAL DEVELOPMENT

After the successful completion of your Life Coach & NLP practitioner certification, you can further your coaching credentials with additional coaching certifications.

### ACCREDITED **LEVEL 2 COACH:**

<b>CERTIFICATION</b>	<b>DURATION</b>	<b>COST</b>	<b>PAY MONTHLY</b>
Certified Wellness Coach	3 Months	R4998	R583 x 12 Months
Certified Performance Coach	3 Months	R4998	R583 x 12 Months
Certified Timeline Therapist	2 Days	R3200	R433 x 12 Months
Professional Facilitator	2 Days	R5175	R598 x 12 Months

### ACCREDITED **LEVEL 3 COACH:**

<b>CERTIFICATION</b>	<b>DURATION</b>	<b>COST</b>	<b>PAY MONTHLY</b>
Certified Career Coach	3 Months	R2499	R375 x 12 Months
Certified Ignite Coach	3 Months	R3499	R458 x 12 Months

### ACCREDITED **LEVEL 4 COACH:**

<b>CERTIFICATION</b>	<b>DURATION</b>	<b>COST</b>	<b>PAY MONTHLY</b>
SABPP SAQA NQF5 Coaching	3 to 6	R8999	R2500 Registration
NQF4 Mentor Certificate	Months		fee + R749 x 12
Module (VIP Coaching Institute)			Months

# LIFE COACH & NLP ACADEMY



## DISTANCE LEARNING - (A VIP COACHING COURSE)

COURSE	DURATION	COST	ACCREDITATION
4 IN 1 Certification	12 to 18	R2500	SAQA NQF5 Coach
Corporate Executive Business Life Coach and Mentor Course	Months	Registration fee + R2334 X 12	SAQA NQF4 Mentor Corporate Executive Coach SABPP Accredited with VIP

## CERTIFIED COACH PACKAGES DEALS

After the successful completion of your Life Coach & NLP practitioner certification, you can further your coaching credentials with additional coaching certifications.

**Choose one of our coaching package deals and SAVE.**

### LEVEL 1 + 2 CERTIFIED COACH - R1950 X 12 MONTHS

6 Internationally accredited Coaching Certifications

**Normal Cost:** R34471

**Your Total Investment:** ONLY R23400

1. Certified Life Coach, 2. Certified NLP Practitioner, 3. Certified Wellness Coach, 4. Certified Performance Coach, 5. Certified Timeline Therapist, 6. Certified Facilitator

### LEVEL 1 + 2 + 3 CERTIFIED COACH - R2598 X 12 MONTHS

8 Internationally accredited Coaching Certifications

**Normal Cost:** R40469

**Your Total Investment:** ONLY R31176

1. Certified Life Coach, 2. Certified NLP Practitioner, 3. Certified Wellness Coach, 4. Certified Performance Coach, 5. Certified Timeline Therapist, 6. Certified Facilitator, 7. Certified Career Coach, 8. Certified Ignite Coach

### LEVEL 1 + 2 + 3 + 4 CERTIFIED COACH - R2370 X 18 MONTHS *Our most popular package*

10 Internationally accredited Coaching Certifications

**Normal Cost:** R51968

**Your Total Investment:** ONLY R42675

1. Certified Life Coach, 2. Certified NLP Practitioner, 3. Certified Wellness Coach, 4. Certified Performance Coach, 5. Certified Timeline Therapist, 6. Certified Facilitator, 7. Certified Career Coach, 8. Certified Ignite Coach, 9. Certified SABPP NQF5 Coach, 10. Certified SABPP NQF4 Mentor

# COURSE DETAILS: THE MINDSET FOR LIFE



MODULE 1 OF CERTIFICATE COURSE

## THE MINDSET FOR LIFE

1 Day course  
R699

Duration: 1 Full day

Cost: R699

Accreditation: 10 Points

\* 120 Points needed for a Life coach & NLP Practitioner Certificate

*“To live is the rarest thing in the world. Most people just exist.” –  
Oscar Wilde*

Picture how different your life would be, if you could improve every aspect thereof by just 30%. Your life would be happier, more fulfilled and more successful. And, it's easier than you could imagine. The gap between what you have and what your want, lies in what you do consistently.

The biggest secret to getting more out of life, is rooted within your daily strategy. If you simply direct your daily routine toward the positive outcomes you want, you will achieve the success you deserve.

Mindset for Life is a one day workshop. Explore the NLP science of success and excellence and find out what you need to do to get where you want to be. Enrol now – let's set up your mind for a positive life.

**This is for you, if:** You drastically want to change all aspects of your life; you want an in-depth introduction to the NLP Coaching industry.

**Course outcome:** A most amazing journey of self-discovery, leaving you energised, revitalized and ready to take on your goals. It also provides an in-depth introduction into NLP and Life Coaching.

*This one day workshop serves also as Module 1 of the Life Coach & NLP Certificate course. After completion of this course you will only need to complete the last 3 modules to obtain your Life Coach & NLP Certificate.*



# COURSE DETAILS: COACHING FUNDAMENTALS



MODULE 1+2 OF CERTIFICATE COURSE

## COACHING FUNDAMENTALS

3 Day course  
R3450

Duration: 3 Days  
Cost: R3450  
Accreditation: 30 Points

\* 120 Points needed for a Life coach & NLP Practitioner certificate

### PAYMENT OPTIONS

R1350 x 3 months

R750 x 6 months

R454 x 12 months

*"There is a powerful driving force inside everyone. Once unleashed, it can make any vision, dream, or desire a reality."*

Most people know what to do in order to live the life they desire, yet very few actually do it. During the Coaching Fundamentals three-day course we help you unleash your true potential.

We help you create the mind, set for life. Ready to achieve personal and professional success. Next we destroy your fears and turn it into fuel – driving on massive action. Then we divert focus toward making your dreams come true. Creating a clear sense of direction by understanding what you want most in life. Making key decisions and discovering the steps to changing your life forever.

Finally we demolish limiting beliefs and presenting problems, liberating your true potential to transform your life!

**This is for you, if:** You drastically want to change all aspects of your life; you want an in-depth introduction to the Life Coaching industry.

**Course outcome:** A most amazing journey of self-discovery, leaving you energised, revitalized and ready to take on your goals. It also provides an in-depth introduction into NLP and Life Coaching.

*This three-day course serves also as Modules 1 and 2, of the Life Coach & NLP Certificate course. After completion of this course you will only need to complete Module 3 for your Life Coach & NLP Certificate; or Modules 3 and 4 to obtain your Life Coach & NLP Certificate.*

# COURSE DETAILS: LIFE COACH CERTIFICATE



CERTIFICATION COURSES

## LIFE COACH CERTIFICATE

7 Day course  
R10350

Duration: 7 Days  
Cost: R10350  
Accreditation: Certified Life  
Coach

\* 120 Points needed for a Life Coach & NLP  
Practitioner Certificate

### PAYMENT OPTIONS

R3600 x 3 months

R1900 x 6 months

R1050 x 12 months

*"It is in your moments of decision that your destiny is shaped." -  
Tony Robbins*

Considering a career as professional Life Coach or simply want to help others reach their full potential? Then it is the course for you. This internationally recognized Life Coach Certificate covers most popular coaching tools, techniques and methodologies used by world-leaders in coaching.

The course is an in-depth coaching experience. Master Facilitators teach coaching methodologies and then demonstrate the tools and techniques on someone with a real presenting problem/limiting belief. Students then receive assistance in applying tools/techniques on fellow students with real presenting problems/limiting beliefs. This ensures that every student experiences and practices the different coaching tools and techniques. It guarantees world-class, competent and highly skilled coaches.

On the successful completion of this course, you will be internationally certified as Life Coach. It immediately enables you to start working as a professional Coach. With this certification, a starting fee of R550 could easily be charged per coaching session.

**This is for you, if:** You consider a career as a Life Coach; You want to drastically improve your impact in a professional work environment.

**Course outcome:** An in-depth understanding of the basic coaching tools, techniques and methodologies of Life coaching and NLP. It will leave you confident, competent and capable to coach clients and receive fantastic outcomes.

Course  
Accredited by



# COURSE DETAILS: LIFE COACH & NLP CERTIFICATE



CERTIFICATION COURSE

## LIFE COACH & NLP CERTIFICATE

10 Day course  
R16100

Duration: 10 Days  
Cost: R16100  
Accreditation: Certified Life  
Coach & NLP  
Practitioner

### PAYMENT OPTIONS

R5600 x 3 months

R2850 x 6 months

R1550 x 12 months

*"It can be done, but you have to make it happen." - Chris Gardner*

Are you passionate about creating change? A lasting difference in the lives of people?

Then your career as professional Life Coach and NLP Practitioner is something you will take very seriously. Our internationally recognized Life coach & NLP Practitioner Course covers all the tools, techniques and methodologies of our Life Coach Course. It also includes a deeper understanding and application of NLP change techniques and more advanced coaching tools and techniques.

Not only is this course the star in our stable, but also the most sought after Coaching Course in the industry today. This intense 10-day course comes with a money-back guarantee, should you not experience any personal life-change.

This course will accredit you as a certified Life Coach and NLP Practitioner, but also change your life completely. It is an in-depth coaching experience facilitated by Master Coaches.

Our master coaches teach the coaching methodologies and then demonstrate the tools and techniques on someone with a real presenting problem or limiting belief. Students then receive assistance in applying tools and techniques on fellow students with real presenting problems or limiting beliefs.

# LIFE COACH & NLP CERTIFICATE CONTINUES



This ensures that every student experiences and practices the different coaching tools and techniques. This guarantees world-class, competent and highly skilled coaches.

On the successful completion of this course, you will be internationally accredited as Life Coach & NLP Practitioner. It immediately enables you to start working as a Professional Coach and charge a starting fee of R750 per hour/coaching session. You could also join the professional School of Life-team as a licensed and branded coach.

**This is for you, if:** You take your career as a professional Life Coach very seriously; You are passionate about creating change in the lives of people.

**Course outcome:** An in-depth understanding of various coaching tools, techniques and methodologies of Life coaching and NLP. It will leave you confident, competent and capable to coach clients and receive fantastic outcomes.

### **Add-on Certification modules:**

After the successful completion of this Certification course, you can do additional accreditation add-on modules for further Certification.

The most popular add-on module to this course is the SABPP accredited NQF5 Coach + NQF3 Mentor Certification, Timeline Therapy Certification and Professional Facilitator Certificate

Course  
Accredited by



# DISTANCE LEARNING: CORPORATE EXECUTIVE BUSINESS LIFE COACH AND MENTOR COURSE



## CERTIFICATION COURSES

### **CORPORATE EXECUTIVE BUSINESS LIFE COACH AND MENTOR COURSE**

12 - 18 Month distance learning  
R28000

Duration: 12-18 Months  
Cost: R28000  
Accreditation: NQF5 Coach  
NQF4 Mentor  
SABPP Accredited

## **COST:**

R28000 Once off  
SAVE R2500

R2500 Registration fee  
+ R4667 x 6 months

R2500 Registration fee  
+ R2334 x 12 months

*This highly sought after professional and excellence based course is offered in association with VIP Strategic Leadership, Coaching and Mentoring Institute*

## **COURSE ACCREDITATION:**

Bonus of four in one accreditation

SAQA Level 5 NQF with 8 Credits SAQA ID 252035

Corporate Executive Coach

SAQA NQF Level 4 Credits 5 SAQA ID 114215

SABPP Accredited with VIP Institute

This course process is based on the dynamics of Neuroscience technology and principles like no other course in the country

## **THIS COURSE IS FOR YOU IF ...**

- You have the courage to dare to stretch yourself to learn the technique and principles of Neuroscience
- You have a deep driving desire to guide and help people toward their exponential best in their life time
- You have dream to change the world through others being their "best version of self"

## COURSE DETAILS:

# CORPORATE EXECUTIVE BUSINESS LIFE COACH AND MENTOR COURSE



- You want to improve your coaching, mentoring facilitation skills as personal and Team guide. You have a desire to empower and enthuse others
- You want to refine your skills and talent set in the science and art of coaching and mentoring with intentionality.
- You are looking for a creative challenge to empower yourself for your future next phases of life beyond your present job.
- You desire to use an effective toolkit empowering you to weave them into your style of professional coaching and mentoring
- You are currently employed and want to add the coaching and mentoring skill-set to your competencies for future use
- You want your expertise in coaching and mentoring validated and credentialed by SAQA approved and recognised training Provider.

## THE PURPOSE OF THE LEARNING TRAIN SHORT COURSE.

To provide students with the queried knowledge and skills to:

- Understand the purpose and power of internal coaching and mentoring
- Monitor and measure the return on investment of coaching and mentoring interventions
- Provide learners with personal self-discovery progress. Provide learners with the necessary latest knowledge, skills, theory, practise and confidence.
- Provide top coaching and mentoring tools based on Brain Intelligence Principles
- Provide practical opportunity for coaching and mentoring feedback from clients.

You will also be empowered with the basic principles and techniques to start building your own practice with leading out skills.

## OUTCOMES AND ACCREDITATION

At the end of the course you will receive a SABPP Certification that is Accepted by SAQA with Unit standards and credits and your details will be entered onto the national Learner Database for future use of credits as and when needed.

## COURSE DETAILS:

### *CORPORATE EXECUTIVE BUSINESS LIFE COACH AND MENTOR COURSE*



You will receive a VIP Strategic leadership Coaching and Mentoring Certificate with all logos of accreditation and affiliations from International Institutions. You can also write an online multiple choice examination to gain an International certification with the ICC.- Africa.

Once you have the logged the one-on-one hours required by COMENSA (The Professional Body of Coaches and Mentors in South Africa) you may apply for immediate recognition of Credentialing membership for level 1, 2 or Master level.

You skip the cost of over R3800-00 (excl VAT) as your assessment by VIP Coaching Mentoring Institute, automatically qualifies you, to go this route and thus you save tremendous costs, while others who do not have this certification will have to pay this cost for their membership and Credentialing with COMENSA.

*This distance learning course is offered by VIP Coaching & Mentoring Institute:  
In partnership with SOL*



This VIP certification course is accredited by:



# SOL LEVEL 2 COACH

## PROFESSIONAL DEVELOPMENT:

### CERTIFIED WELLNESS COACH



PROFESSIONAL DEVELOPMENT

#### WELLNESS COACH

8 Week assignment

Cost: R4998  
Duration: 8 Weeks  
Accreditation: Certified Wellness Coach

#### PAYMENT OPTIONS

R999 x 3 months

R584 x 6 months

R375 x 12 months

*Certification Method: Practical assignments*

*Pre-requisite: SOL Level 1 Coach*

A wellness coach is a professional who helps people assess their current physical and emotional state, and helps them set goals for what they want to achieve in their overall wellness and health by working with them on plans of action to reach these goals.

#### What Does a Wellness Coach Do?

A wellness coach helps their clients with the development of sustainable strategies to bring overall wellness, health, and well-being in their client's life. A wellness coach will help a person achieve their goals by working with an individual's strengths and values in creating plans for a long-term wellness strategy.

This program consists of two modules:

**Module 1:** Self Discovery - 7 Week coaching program

**Module 2:** Balance & Self Care - 8 Week coaching program

Course  
Accredited by



The two modules can be done simultaneously and hence completed in as little as 8 weeks



# SOL LEVEL 2 COACH

## PROFESSIONAL DEVELOPMENT:

### CERTIFIED PERFORMANCE COACH



PROFESSIONAL DEVELOPMENT

## PERFORMANCE COACH

8/16 Week assignment

Cost: R4998  
Duration: 8 to 16 weeks  
Accreditation: Certified  
Performance  
Coach

### PAYMENT OPTIONS

R1833 x 3 months

R999 x 6 months

R584 x 12 months

*Certification Method: Practical assignments*

*Pre-requisite: SOL Level 1 Coach*

As a performance coach you will guide, assist and coach your clients to peak performance, resulting in highly effective and productive individuals who takes action and creates lasting results.

This program consists of two modules:

**Module 1:** Goal setting - 8 Week coaching program

**Module 2:** Productivity & Time Management - 8 Week coaching program

The two modules can be done simultaneously and hence completed in as little as 8 weeks.

Course  
Accredited by



# SOL LEVEL 2 COACH

## PROFESSIONAL DEVELOPMENT:

### CERTIFIED PROFESSIONAL FACILITATOR



CERTIFICATION COURSES

#### PROFESSIONAL FACILITATOR

2 Day course  
R5175

Duration: 2 Days  
Cost: R5175  
Accreditation: Certified Facilitator

#### PAYMENT OPTIONS

R1892 x 3 months

R1029 x 6 months

R598 x 12 months

*Certification Method: 2 Day in class training*

*Pre-requisite: SOL Level 1 Coach*

Increase your professional credibility with your advanced skills as a facilitator. If you can build unity around a specific topic; use motivating questions to steer groups toward a plan of action and manages to get even unassertive individuals to actively engage – then you are an effective facilitator.

This hands-on workshop is designed to move you beyond just basic facilitation skills, into the habit of high-level facilitation. Get exposure to the critical concepts and tools that creates tangible facilitation for all audiences. Practice your techniques, receive feedback and learn new strategies that you can use during your next meeting.

Our exceptional instructors, are masters in facilitation and modelling. They will teach you techniques that will guide you as you move through this workshop. You will participate in role-play, work on real life scenarios and observe critical techniques in action.

**This is for you, if:** You want to be a competent and effective facilitator; You want to acquire tools and techniques to be a highly skilled communicator.

**Course outcome:** An immersive experience that teaches and demonstrates effective tools and techniques. This ensures confident, competent and world-class facilitators.

# SOL LEVEL 2 COACH PROFESSIONAL DEVELOPMENT:



## LEVEL 1 CERTIFIED TIMELINE THERAPIST

CERTIFICATION COURSES

### TIMELINE THERAPY

2 Day course  
R3200

Duration: 2 Days

Cost: R3200

Accreditation: Certified Timeline  
Therapist

### PAYMENT OPTIONS

R1250 x 3 months

R700 x 6 months

R433 x 12 months

*Certification Method: 2 Day in class training*

*Pre-requisite: SOL Level 1 Coach*

The latest development in Neuro-Linguistic Programming (NLP), TimeLine Therapy® techniques are a unique and unmatched method for creating powerful change in business, education, and therapy. TimeLine Therapy® utilizes a person's own internal "TimeLine" to work with their unconscious minds in a variety of ways; including, healing emotional traumas and eradicating unwanted thoughts, emotions and behaviors.

TimeLine Therapy® has been so successful in its results that it has been utilized since 1986 by thousands of people including psychiatrists, psychologists, marriage and family counselors, social workers, life and business coaches, and even athletic coaches.

**This is for you, if:** You want to take your coaching skills and outcomes to the next level.

**Course outcome:** An immersive experience that teaches and demonstrates effective tools and techniques leading to a drastic change in your coaching clients.

# SOL LEVEL 3 COACH

## PROFESSIONAL DEVELOPMENT:

### CERTIFIED CAREER COACH



PROFESSIONAL DEVELOPMENT

### CAREER COACH

7 Week assignment

Cost: R2499  
Duration: 8 Weeks  
Accreditation: Certified Career Coach

#### PAYMENT OPTIONS

R999 x 3 months

R584 x 6 months

R375 x 12 months

*Certification Method: Practical assignments*

*Pre-requisite: SOL Level 2 Coach*

Help your clients make better career decisions as a career coach.

A career coaches' main mission is to help people get on and stay on track regarding career matters. From career paths, to excelling in their current careers, as the coach you will be there to hold their heart and hand all the way.

This program consists of one module:

**Module 1:** Goal setting - 7 Week career coaching program

Course  
Accredited by



# SOL LEVEL 3 COACH

## PROFESSIONAL DEVELOPMENT:

### CERTIFIED IGNITE COACH



PROFESSIONAL DEVELOPMENT

### IGNITE COACH

13 Week assignment

Cost: R3499  
Duration: 13 Weeks  
Cost: R3499  
Accreditation: Certified SOL  
Ignite Coach

#### PAYMENT OPTIONS

R1333 x 3 months

R749 x 6 months

R459 x 12 months

*Certification Method: Practical assignments or face to face course*

*Pre-requisite: SOL Level 2 Coach*

Help your clients RE-IGNITE all aspects of their lives as a certified Ignite Coach. Assist your clients to rediscover their true abilities and capabilities, overcome the limiting beliefs and presenting problems that prevented them from living up to their potential, and then develop a world class strategy and structure for achieving their greatest dreams and desires.

This is one of the most popular professional development certifications in the SOL stable

#### SOL IGNITE COACHES

As a certified SOL Ignite coach, you will be invited to join the SOL IGNITE SA movement as a coach and facilitator.

This certification can be completed in class or as a one module practical assignment.

**Practical Assignment:** Ignite your Life -13 Week coaching program

**In Course:** 3 Day intense training session with a group of certified coaches

Course  
Accredited by



# SAQA NQF5 COACH | NQF3 MENTOR SABPP ACCREDITED WITH VIP COACHING INSTITUTE



CERTIFICATION MODULE

## PROFESSIONAL LIFE COACH / MENTOR

practical assignment  
R8999

Duration: +/- 4 Months

Cost: R8999

Accreditation: NQF5 Life Coach

NQF4 Mentor

SABPP VIP Accredited

### PAYMENT OPTIONS:

R8999 Once off  
SAVE R2500

R2500 Registration fee  
+ R1499 x 6 months

R2500 Registration fee  
+ R749 x 12 months

*VIP Leadership and Strategic Coaching and Mentoring Institute Proudly in association with School of `Life present: SAQA NQF5 Coach and NQF4 Mentor Training accreditation Module.*

*Pre-requisite: SOL Level 1 Coach*

### COURSE ACCREDITATION:

SAQA Level 5 NQF with 8 Credits SAQA ID 252035

SAQA NQF Level 4 Credits 5 SAQA ID 114215

SABPP Accredited with VIP Coaching & Mentoring Institute

**Take your coaching skills and professionalism to next level.**

This is a practical online assignment based modular process that can be completed after your SOL 10 day Life Coach and NLP Practitioner Certificate Course. This will give you the vital and necessary NQF accreditation with SABPP (South African Board of People Practice) and VIP Coaching Mentoring Institute. Your Coaching Qualification will now be officially recognised by SAQA.

# SAQA NQF 5 COACHING | NQF 3 MENTOR | SABPP ACCREDITED WITH VIP COACHING INSTITUTE - CONTINUED



You will have the added bonus of having a recognised, Mentor NQF4 standard status. You will be able to register with a Professional Coach Mentoring Body such as COMENSA and will forgo the Credentialing fee for a Credentialed Coach/Mentor provided you have the needed one-on-one logged coach/mentoring hours.

## Pre-requisite.

10 day Life Coach and NLP Practitioner Certificate with SOL which has been through the rigorous RPL process with Vip Institute of Coaching and Mentoring.

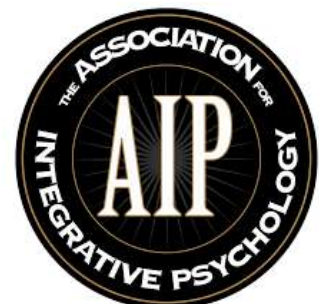
## Your POE (portfolio of Evidence ) will include:

- Coaching Assignments
- Mentoring Assignments
- Coaching and Mentoring Competencies Assignments
- Ethics assignment
- Practical Mentoring assignment
- Practical Coaching Assignment
- Self Evaluation
- 360 feedback assignment

This course is offered by VIP Coaching & Mentoring Institute:  
*In partnership with SOL*



This VIP certification course is accredited by:



# SOL COACH MEMBERSHIPS



## SKYROCKET YOUR COACHING CAREER

We don't just certify coaches. We cultivate successful coaching practices.

As a future coach you are probably already asking yourself the following:

- Where should I start?
- Where do I get a website, and how much will that cost?
- What corporate stationery do I need?
- What should I say in my marketing material?
- How do I get coaching clients?
- How do I market myself as a coach?
- How do I manage my clients and coaching sessions?
- How should I structure my coaching services and packages?
- Do I have enough credibility as a coach?
- Will they pay for my services?
- What else do I need in order to start practicing as a coach?
- And the most common question..... Why will the clients choose me?

These are all valid questions. Being able to coach, and running a coaching business is not the same thing. You will need a number of documents, marketing material, coaching programs & packages and business structures to successfully run your practice.

Most new coaches spend as much as 12 months and in excess of R55k on simply setting up their coaching practice.

The great news is you don't have to take that long and spend that much. School of Life now offers everything you need to launch and run a very successful coaching practice, giving you the opportunity to start earning from the get go.



# SOL COACH MEMBERSHIPS



Catapult your coaching career with a SOL coaching membership and get the unfair advantage as a coach. Newly certified coaches quite often find the task of setting up a coaching practice to be the biggest and most expensive challenge. At School of Life we make it simple and affordable to set up your coaching practice and start earning as soon as possible.

From Listings on our Coaches directory for all SOL certified coaches, to Licensed and Partner coach options for certified coaches, we have an option that will help you grow your coaching practice and make a great success.

## WHY RE-INVENT THE WHEEL?

We have done all the hard work, and crafted a world class coaching business in a box for all our coaches. All it needs is your passion and commitment, and success will be inevitable.



# SOL COACH MEMBERSHIPS



School of life is not just a coaching Academy, We are passionate about sustainable development, and have committed to growing financially sound coaching businesses for our certified coaches.

By creating sustainable platforms from where our coaches can generate a stable income from coaching, we can ensure a long lasting ripple of change in SA.

The SOL Coaching memberships has been designed specifically to help you catapult your coaching career and practice, and includes everything you need to run a successful and financially viable business. From coaching documents and programs, to marketing material and marketing platforms developed and designed by professionals. You can now have all the tools make a tremendous success of your new career.



# SOL COACH MEMBERSHIPS



- Comprehensive mini website on SOL Directory
- Web-page SEO
- SOL Branded coach
- SOL Business in a box
- Step by step Coaching toolkits
- Brand NEW Coaching tools & Worksheets
- SOL self study library
- Re-seller of all SOL courses and programs
- Facilitate SOL courses
- Develop your own courses and sell through SOL network.
- Marketing platforms and assistance



2 Toolkits

12 tools



8 Toolkits

47 tools



R149 Per month



R650 Per month



R1999 Per month

# SCHOOL OF LIFE IS FOR YOU IF:



- You are looking for that breakthrough that will bring your life to the next level
- You're keen to learn a powerful skill set that can fast track your career and help you explode your opportunities.
- You know you have the potential to achieve so much more in your life; you just lack the motivation to do what it takes and always end up procrastinating.
- You are pursuing an important goal in your life and you want to develop 100% confidence and focus to achieve it
- You feel held back by limiting beliefs, habits and past conditioning
- You want to rediscover your passion and reignite your drive for success
- You want to be a charismatic communicator that can influence and bring out the best in the people around you



## **GET IN TOUCH:**

**School of Life SA - Head Office**

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